

# CLINICAL PSYCHOLOGY M.S.

## Program Learning Outcomes

Upon completion of this program, students will be able to:

### Knowledge

1. (*Core Knowledge of Psychotherapy*) Apply fundamental knowledge within the field of clinical psychology and psychotherapy to the treatment of individuals, families and groups.
2. (*Diversity*) Demonstrate and apply cultural competency and sensitivity in the psychotherapeutic process.
3. (*Integration of Faith*) Demonstrate and apply the integration of faith in the psychotherapeutic process.

### Skills

4. (*Clinical Skills*) Demonstrate effective clinical techniques within a therapeutic relationship.
5. (*Communication*) Demonstrate effective written and oral communication skills as it specifically pertains to the field of psychotherapy.

### Attitudes

6. (*Professional/Personal Qualities*) Develop the professional and personal qualities that are intimately related to effective psychotherapy. Including competence, acceptance, curiosity, caring, integrity, sensitivity, flexibility, insight, compassion, and personal presence.

## Requirements

### Graduation Requirements

Students pursuing the Master of Science in Clinical Psychology from Vanguard University are required to apply for graduation by the timelines noted by the Registrar's Office and satisfy the following requirements:

1. Successful completion of the course requirements below (61 semester units) with a minimum cumulative grade point average of "B" (3.0), and with no course grades of "C-" or below counting toward the degree.
2. A minimum residence of five academic semesters.
3. Successful completion of a minimum of 225 clinical hours at approved practicum placements with a minimum of 150 face-to-face client contact hours.
4. Advanced to Candidacy.
5. Completion of Exit Project.
6. Completion of personal therapy requirement.
7. The filing of all necessary forms in accordance with the timetable provided by the Graduate Program in Clinical Psychology.
8. Successful completion within the maximum allowed time limit of five (5) years of all degree requirements that were in effect at the time of student's entrance into the program.
9. Settlement of all financial obligations to Vanguard University.

If all coursework has been completed and graduation is pending completion of other graduation requirements, the student may be required to register for PSYG-799 Continuing Registration until all graduation requirements have been met.

### LPCC Option

While not degree requirements, students interested in pursuing licensure as a Professional Clinical Counselor (LPCC) must also complete:

1. Successful completion of an additional 5 semester units with course grades of "C" or higher.
2. Successful completion of a minimum of 280 face-to-face hours at approved practicum placements (practicum hours can be used to meet both degree/MFT and LPCC requirements).

## Course Requirements

Code	Title	Units
<b>Course Requirements <sup>1,2,3</sup></b>		
PSYG-601	Clinical Foundations I	3
PSYG-603	Advanced Psychopathology	3
PSYG-604	Ethical and Legal Issues	3
PSYG-605	Family Psychotherapy	3
PSYG-611	Clinical Foundations II	1
PSYG-613	Research Methodology	1
PSYG-614	Advanced Developmental Psychology	3
PSYG-615	Child and Adolescent Psychotherapy	3
PSYG-616	Psychodynamic Theory and Treatment	3
PSYG-617	Cognitive-Behavioral Theory and Treatment	3
PSYG-618	Current Psychotherapy Topics	1
PSYG-626	Professional Skills in Clinical Practice	3
PSYG-704	Addictive Behaviors	3
PSYG-710	Psychotherapy and Diversity	3
PSYG-711	Violence, Abuse, and Trauma	2
PSYG-712	Psychology, Theology and Spirituality	3
PSYG-716	Couples Psychotherapy	3
PSYG-717	Group Psychotherapy	3
PSYG-720	Clinical Psychopharmacology	2
PSYG-724	Psychosocial Stressors and Ment Health	3
PSYG-725	Psychological Testing	3
PSYG-726	Case Conceptualization <sup>3</sup>	3
PSYG-765	Comprehensive Project	3
<b>Total Units</b>		<b>61</b>

1

Concurrent enrollment in a practicum course (PSYG-626 Professional Skills in Clinical Practice, PSYG-726 Case Conceptualization or PSYG-727 Practicum) is required while gaining clinical hours, which may require additional units.

2

If all coursework has been completed and graduation is pending completion of other degree requirements, the student may be required to register for PSYG-799 Continuing Registration until all graduation requirements have been met.

3

Course offered for 1.5 units, must be taken twice.

### LPCC Option Course Requirements (5 units)

While not degree requirements, students interested in pursuing licensure as a Professional Clinical Counselor (LPCC) must also complete 5 semester units in addition to degree course requirements.

#### Course Requirements

- PSYG-660 Career Development (3 units)
- PSYG-711 Violence, Abuse, and Trauma (for 1 additional unit)
- PSYG-720 Clinical Psychopharmacology (for 1 additional unit)

## Sample Curriculum Plan

**Disclaimer:** This *sample Multi-Year Plan* is provided as a guide for the recommended sequencing of courses. It is the student's responsibility to confirm with the department the course rotation before enrolling in courses. If applicable, please note the footnotes at the bottom of the page for additional information related to courses listed in a particular year and term. Questions, contact the Graduate Program for Clinical Psychology.

## Sample Curriculum Schedules

### Three Year Track

Course	Title	Units
<b>First Year</b>		
<b>Fall</b>		
PSYG-601	Clinical Foundations I	3
PSYG-603	Advanced Psychopathology	3
PSYG-604	Ethical and Legal Issues	3
<b>Units</b>		<b>9</b>
<b>Spring</b>		
PSYG-605	Family Psychotherapy	3
PSYG-615	Child and Adolescent Psychotherapy	3
PSYG-704	Addictive Behaviors	3
<b>Units</b>		<b>9</b>
<b>Summer</b>		
PSYG-710	Psychotherapy and Diversity	3
PSYG-720	Clinical Psychopharmacology (optional 3rd unit for LPCC)	2-3
PSYG-618	Current Psychotherapy Topics	1
<b>Units</b>		<b>6-7</b>
<b>Second Year</b>		
<b>Fall</b>		
PSYG-614	Advanced Developmental Psychology	3
PSYG-712	Psychology, Theology and Spirituality	3
PSYG-716	Couples Psychotherapy	3
<b>Units</b>		<b>9</b>
<b>Spring</b>		
PSYG-611	Clinical Foundations II	1
PSYG-616	Psychodynamic Theory and Treatment	3

PSYG-626	Professional Skills in Clinical Practice	3
PSYG-724	Psychosocial Stressors and Ment Health	3
<b>Units</b>		<b>10</b>
<b>Summer</b>		
PSYG-613	Research Methodology	1
PSYG-711	Violence, Abuse, and Trauma (optional 3rd unit for LPCC)	2-3
PSYG-660	Career Development (optional for LPCC)	3
<b>Units</b>		<b>3-7</b>
<b>Third Year</b>		
<b>Fall</b>		
PSYG-617	Cognitive-Behavioral Theory and Treatment	3
PSYG-725	Psychological Testing	3
PSYG-726	Case Conceptualization	1.5
<b>Units</b>		<b>7.5</b>
<b>Spring</b>		
PSYG-717	Group Psychotherapy	3
PSYG-726	Case Conceptualization	1.5
PSYG-765	Comprehensive Project	3
<b>Units</b>		<b>7.5</b>
<b>Total Units</b>		<b>61-66</b>

### Two Year Track

Course	Title	Units
<b>First Year</b>		
<b>Fall</b>		
PSYG-601	Clinical Foundations I	3
PSYG-603	Advanced Psychopathology	3
PSYG-604	Ethical and Legal Issues	3
PSYG-614	Advanced Developmental Psychology	3
PSYG-618	Current Psychotherapy Topics	1
<b>Units</b>		<b>13</b>
<b>Spring</b>		
PSYG-605	Family Psychotherapy	3
PSYG-611	Clinical Foundations II	1
PSYG-615	Child and Adolescent Psychotherapy	3
PSYG-616	Psychodynamic Theory and Treatment	3
PSYG-626	Professional Skills in Clinical Practice	3
PSYG-613	Research Methodology	1
<b>Units</b>		<b>14</b>
<b>Summer</b>		
PSYG-710	Psychotherapy and Diversity	3
PSYG-711	Violence, Abuse, and Trauma (optional 3rd unit for LPCC)	2-3
PSYG-720	Clinical Psychopharmacology (optional 3rd unit for LPCC)	2-3
PSYG-660	Career Development (optional for LPCC)	3
<b>Units</b>		<b>7-12</b>



**Second Year****Fall**

PSYG-617	Cognitive-Behavioral Theory and Treatment	3
PSYG-712	Psychology, Theology and Spirituality	3
PSYG-716	Couples Psychotherapy	3
PSYG-725	Psychological Testing	3
PSYG-726	Case Conceptualization	1.5
<b>Units</b>		<b>13.5</b>

**Spring**

PSYG-704	Addictive Behaviors	3
PSYG-724	Psychosocial Stressors and Ment Health	3
PSYG-717	Group Psychotherapy	3
PSYG-726	Case Conceptualization	1.5
PSYG-765	Comprehensive Project	3
<b>Units</b>		<b>13.5</b>
<b>Total Units</b>		<b>61-66</b>