COACHING MINOR

Program Learning Outcomes

- 1. Demonstrate effective communication skills in a sport coaching setting.
- 2. Utilize sport psychology principles to improve athlete well being and performance.
- 3. Demonstrate professional and ethical behaviors in a sport coaching setting.
- 4. Synthesize, critically appraise, and apply knowledge to prevent injury and increase athletic skill and performance.

Requirements

Code	Title	Units
KINE-150	Biophysical Foundations of Kinesiology	3
KINE-218	Injury Recognition and Management	3
KINE-293	Special Topic: (Psychology of Coaching)	3
KINE-321	Principles of Coaching	3
KINE-343	Ldrshp/Mgt of Kinesiology Prog	3
KINE-350	Kinesiology Internship	2
KINE-356	Team & Indiv/Dual Sports Analy	3
KINE-443	Sport Psychology	3
KINE-470	Special Topic: (Legal Issues in Sport)	3
Total Units		26

