

KINESIOLOGY B.S., CONCENTRATION IN SPORTS MINISTRY

PROGRAM LEARNING OUTCOMES

1. Apply foundational concepts in anatomy and physiology to understand human movement and overall health.
2. Use appropriate technologies and techniques to support scientific inquiry and professional practice.
3. Effectively synthesize scientific information and effectively communicate through oral, written, and digital presentations.
4. Demonstrate an understanding of ethical principles in research and professional practice.
5. Collaborate with peers and professionals in team-based environments.
6. Build a strong foundation for lifelong learning and professional growth in the disciplines.

Concentration Outcomes:

1. Understand the role of sports in ministry and apply Christian principles to athletic environments.
2. Develop leadership skills to guide teams, athletes, and sports organizations with integrity and faith.
3. Learn how to use sports as a tool for outreach, fostering spiritual growth and community development.
4. Develop skills to support athletes in spiritual and emotional well-being.

REQUIREMENTS

Code	Title	Units
Core Curriculum Requirements (https://catalog.vanguard.edu/interdisciplinary-offerings/core-curriculum/) ¹		43
Kinesiology Major Core Requirements		34-38
Sports Ministry Concentration Requirements (p.)		24-26
General Electives		19-13
Total Units		120

Kinesiology Major Core Requirements

Code	Title	Units
KINE-150	Biophysical Foundations of Kinesiology	3
KINE-218	Injury Recognition and Management	3
KINE-221	Movement Anatomy	3
KINE-242	Motor Behavior Across the Lifespan	3
KINE-251C & 251CL	Anatomy and Physiology I and Anatomy and Physiology I Laboratory	4
KINE-252 & 252L	Anatomy and Physiology II and Anatomy and Physiology II Lab	4
KINE-323 & 323L	Physiology of Exercise and Physiology of Exercise Laboratory	4

KINE-350	Kinesiology Internship (3 units on average)	1-5
KINE-421 & 421L	Biomechanics and Biomechanics Lab	4
KINE-450C	Capstone Kinesiology Senior Project ²	3
MATH-265C	Intro to Statistical Methods ²	3
Total Units		35-39

¹ Number of units required from the Core Curriculum not included in the major requirements below.

² Fulfills university Core Curriculum requirement for 2025-2026.

Sports Ministry Concentration

Code	Title	Units
Required Courses		5
KINE-280	Introduction to Sports Ministry	
KINE-285	Integration of Faith and Sports	
Choose 3 from the following		8-9
KINE-270	Introduction to Sport and Fitness Management	
KINE-305	Sociocultural Aspects of Sport and Physical Activity	
KINE-321	Principles of Coaching	
KINE-343	Ldrshp/Mgt of Sport Programs	
KINE-360	Revenue Generation in Sport	
KINE-370	Sport Facility and Event Managment	
KINE-425	Ethical and Legal Issues in Sport and Physical Activity	
KINE-443	Sport Psychology	
Choose 4 from the following		11-12
PLST-312	Intro/Pastoral Care	
PLST-430	Management/Christian Organztns	
PLST-440	Pastoral Care/Counseling	
ICST-102	Intro/Intercultural Studies	
ICST-345	Intercultural Comm in Ministry	
MILD-460	Foundations-Christian Ethics	
Total Units		24-26

