

PSYCHOLOGY B.A.

Program Learning Outcomes

1. Apply principles of cognitive, behavioral, biological, socio-cultural, and spiritual perspectives on human nature to practical issues such as personal, social and/or organizational issues.
2. Apply core principles of empirical research, including research design, data analysis, and interpretation, to critically evaluate scholarly research.
3. Practice professional ethics (as defined by American Psychological Association), cultural competency, and citizenship with the focus on core principles of beneficence, responsibility, integrity, justice, and respect.
4. Develop oral and written products that demonstrate information literacy skills in established scientific format (APA).
5. Apply psychological knowledge, skills and values to various careers and/or postgraduate study.
6. Integrate Christian worldview with knowledge of psychology.

Requirements

Code	Title	Units
Core Curriculum Requirements (https://catalog.vanguard.edu/interdisciplinary-offerings/core-curriculum/) ¹		44
Psychology Major Requirements		49
General Electives		27
Total Units		120

Psychology Major Requirements

Code	Title	Units
Survey of the Field		
PSYC-103C	Introduction to Psychology ²	3
PSYC-221	Developmental Psychology	3
PSYC-332	Psychological Disorders	3
PSYC-345	Theories of Personality	3
	or PSYC-462 Counseling Theories	
Research Component		
PSYC-220C	Researched Writing/Psyc Majors ²	3
	or ENGL-220C Researched Writing	
PSYC-265C	Introduction to Behavioral Statistics ²	3
	or MATH-265C Intro to Statistical Methods	
	or MATH-270C Health Professions Statistical Methods	
	or SOC-265C Introduction to Behavioral Statistics	
PSYC-381	Research Methods in Psychology	3
Psychological Perspectives		
Cognitive:		
PSYC-449	Cognitive Psychology	3
Behavioral: ⁴		
PSYC-351	Principles of Behavior	3
	or PSYC-420 Behavior Modification	
Biological:		

PSYC-340	Biological Psychology	3
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Sociocultural:

PSYC-324	Social Psychology	3
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Spiritual:

PSYC-477C	Psychology and Christianity	3
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Career and Grad Readiness

PSYC-384	Next Steps: Career and Grad Readiness	1
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Application (3 or more units)

Select three or more units from the following:		3
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PSYC-385	Field Research Lab/Seminar
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PSYC-460	Field Practicum
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PSYC-474	Psychological Research I
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PSYC-475	Psychological Research II
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PSYC-482	Research in Neuroscience
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Upper Division Electives

Select three courses from the following:		9
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PSYC-305	Forensic Psychology
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PSYC-312	Death, Grief, and Loss
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PSYC-321	Adolescent Psychology
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PSYC-331	Multi-Cultural Psychology ³
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PSYC-335	Social & Psychological Aspects of Aging
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PSYC-336	Managing Crisis
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PSYC-338	Child Psychology
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PSYC-346	Human Sexuality
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PSYC-351	Principles of Behavior
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PSYC-355	Survey of Human Services
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PSYC-374	Intro to Industrial/Organizational Psyc Organizational Psychology
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PSYC-373	Psychology of the Family
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PSYC-382	Mental Illness in Society
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PSYC-383	Addiction Studies
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PSYC-434	Group Dynamics
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PSYC-443	Sport Psychology
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PSYC-450	Psychology Teaching Internship
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PSYC-460	Field Practicum
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PSYC-462	Counseling Theories ³
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PSYC-463	Counseling Methods ³
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PSYC-470	Special Topic:
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PSYC-474	Psychological Research I
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PSYC-475	Psychological Research II
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SOC-310	Introduction to Social Work
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Total Units		49
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1

Number of units required from the Core Curriculum not included in the major requirements below.

2

Course fulfills Core requirements



3

Students considering graduate work in counseling psychology or clinical psychology are strongly encouraged to take the indicated courses.

4

For the Behavioral component of Psychological Perspectives one class will meet the requirement and the second option may be used to fulfill the upper division elective.

Four Year Plan

Disclaimer: This *sample* Four Year Plan is provided as a guide for the recommended sequencing of courses. Vanguard University requires that students complete a minimum of 120 units of required course work as outlined on the Requirements tab in order to receive a Bachelor of Arts, Bachelor of Music, Bachelor of Science, or Bachelor of Science in Nursing degree. It is the student's responsibility to confirm with the department the course rotation before enrolling in courses. If applicable, please note the footnotes at the bottom of the page for additional information related to courses listed in a particular year and term. Questions, contact the Department of Psychology.

Study Abroad Participation: Students interested in participating in the university's Study Abroad programs are encouraged to reach out to the Global Education and Outreach Office (studyabroad@vanguard.edu) for more information and collaboration in their academic course planning. Students using Education and Training Benefits through the U.S. Department of Veteran Affairs are encouraged to also reach out to the School Certifying Official (veteranscertifyingofficial@vanguard.edu) for more information regarding how benefits can be applied.

Course	Title	Units
Year 1 Term 1		
PSYC-103C	Introduction to Psychology	3
CORE-100C	Cornerstone	1
THEO-101C	Foundations of Christian Life	3
HSPS-PLCR	History/Political Sci Core Requirement	3
ENGL-120C	Persuasive Writing	3
KINE-148C	Lifetime Fitness and Wellness Lecture	3
Units		16
Year 1 Term 2		
PSYC-221	Developmental Psychology	3
PSYC-265C	Introduction to Behavioral Statistics	3
NT-101C	New Testament Survey	3
SOC-PLCR	Social Science Core Curriculum Reqmt	3
PSYC-220C	Researched Writing/Psyc Majors	3
Units		15
Year 2 Term 1		
PSYC-332	Psychological Disorders	3
OT-201C	Old Testament Survey	3
HIST-PLHD	History Core Requirement	3
NSCI-PLCR	Science Lec/Lab Requirement	4

PSYC-PLHD	Upper Division Psychology Elective	3
Units		16
Year 2 Term 2		
PSYC-345	Theories of Personality	3
PSYC-324	Social Psychology	3
FINA-PLCR	Fine Arts Core Curriculum Requirement	3
PSYC-381	Research Methods in Psychology	3
ELCT-PLHD3A	General Elective 3 Units	3
Units		15
Year 3 Term 1		
PSYC-340	Biological Psychology	3
PSYC-PLBEH	Behavior Mod Or Princ of Behav	3
ENGL-230C	Literature and the Human Experience	3
ELCT-PLHD3A	General Elective 3 Units	3
PSYC-PLHD	Upper Division Psychology Elective	3
Units		15
Year 3 Term 2		
COMM-201C	Speech Composition and Presentation	3
PSYC-449	Cognitive Psychology	3
THEO-300C	Developing a Christian World View	3
PSYC-384	Next Steps: Career and Grad Readiness	1
ELCT-PLHD3A	General Elective 3 Units	3
PSYC-PLHD	Upper Division Psychology Elective	3
Units		16
Year 4 Term 1		
PSYC-PLPRRE	Psyc Field Prac., Research, Neuro Rsch	3-4
ELCT-PLHD12	Electives 12 Units	12
Units		15-16
Year 4 Term 2		
PSYC-477C	Psychology and Christianity	3
CHIS-400C	Christian Heritage	3
ELCT-PLHD6	Electives 6 Units	6
Units		12
Total Units		120-121

