

# PSYCHOLOGY MENTAL HEALTH NURSE PRACTITIONER (PNSG)

## **PNSG-610 Theories of Human Behavior 2 Credits**

This course presents neurobiological, behavioral, and psychodynamic theories of behavior and psychiatric/mental illnesses as they manifest among members of diverse cultural groups across the lifespan. A theoretical foundation for subsequent coursework in primary psychiatric/mental health care is provided for the role of the psychiatric mental health nurse practitioner.

Terms Typically Offered: Fall.

## **PNSG-620 Role of PMHNP in Psychological Assessment 2 Credits**

This course introduces the role of the advanced practice psychiatric/mental health nurse practitioner (APRN). Focus will include interviewing, assessing, and utilizing data collection methods to analyze, and evaluate bio-sychosocial/spiritual information regarding an individual's mental health across the lifespan. Assessment of potential and/or existing co-morbidities and health problems are integrated to promote optimal outcomes. Diagnostic reasoning is based on the Diagnostic Statistical Manual is essential to role development. Differential diagnoses, disease management, evidence-based practice, and health promotion that includes client and nurse practitioner collaboration is fundamental.

Prerequisite: PNSG-610

Terms Typically Offered: Fall.

## **PNSG-630 Interventions and Mental Health Promotion Across the Lifespan 5 Credits**

In this course students learn and apply contemporary evidence-based psychotherapies that promote and support client stabilization, rehabilitation, and recovery. The client as a collaborating decision-making consumer and the client-clinician therapeutic alliance are central to this course. Students increase competence in assessment of psychiatric mental health illnesses, differential diagnoses, and disease management, implementation of psychotherapy (individual, group, family), medication management (includes content essential for the Psychiatric MHNP to furnish/prescribe appropriate pharmacologic treatment), and health promotion interventions, including motivational interviewing. Student competence in developing and facilitating therapeutic groups as a recovery modality are included in the course. The role of the psychiatric mental health nurse practitioner in the integration and coordination of support services that impact mental health and illness is also included. Students practice verbal psychotherapeutic skills that motivate and facilitate client self-management and progression toward recovery. (188 Clinical Hours) (This course is in teach-out.)

Prerequisite: PNSG-620

Terms Typically Offered: Spring.

## **PNSG-631 Interventions and Mental Health Promotion Across the Lifespan 4 Credits**

In this course students learn and apply contemporary evidence-based psychotherapies that promote and support client stabilization, rehabilitation, and recovery. The client as a collaborating decision-making consumer and the client-clinician therapeutic alliance are central to this course. Students increase competence in assessment of psychiatric mental health illnesses, differential diagnoses, and disease management, implementation of psychotherapy (individual, group, family), medication management (includes content essential for the Psychiatric MHNP to furnish/prescribe appropriate pharmacologic treatment), and health promotion interventions, including motivational interviewing. Student competence in developing and facilitating therapeutic groups as a recovery modality are included in the course. The role of the psychiatric mental health nurse practitioner in the integration and coordination of support services that impact mental health and illness is also included. Students practice verbal psychotherapeutic skills that motivate and facilitate client self-management and progression toward recovery. (125 Clinical Hours)

Prerequisite: PNSG-610 and PNSG-620

Terms Typically Offered: Fall, Spring, and Summer.

## **PNSG-631P Interventions and Mental Health Promotion Across the Lifespan Practicum 4 Credits**

In this course students learn and apply contemporary evidence-based psychotherapies that promote and support client stabilization, rehabilitation, and recovery. The client as a collaborating decision-making consumer and the client-clinician therapeutic alliance are central to this course. Students increase competence in assessment of psychiatric mental health illnesses, differential diagnoses, and disease management, implementation of psychotherapy (individual, group, family), medication management (includes content essential for the Psychiatric MHNP to furnish/prescribe appropriate pharmacologic treatment), and health promotion interventions, including motivational interviewing. Student competence in developing and facilitating therapeutic groups as a recovery modality are included in the course. The role of the psychiatric mental health nurse practitioner in the integration and coordination of support services that impact mental health and illness is also included. Students practice verbal psychotherapeutic skills that motivate and facilitate client self-management and progression toward recovery. (188 Clinical Hours)

Prerequisite: PNSG-620

Co-Requisite: PNSG-631

Terms Typically Offered: Fall, Spring, and Summer.

## **PNSG-640 Psychiatric Mental Health Care of Adults And Older Adults 5 Credits**

In this course students increase their knowledge and competence in the assessment of psychiatric mental health illnesses, differential diagnoses and disease management, implementation of psychotherapy (individual, family, group), evidence-based practice, medication management (includes mechanisms of action, interactions, side effects, and psychopharmacologic prescriptive guidelines), health promotion and disease prevention interventions, and the integration and coordination of support services, in the care of adults and older adults. (This course is in teach-out.)

Prerequisite: PNSG-630

Terms Typically Offered: Summer.



**PNSG-641 Psychiatric Mental Health Care of Adults And Older Adults 4 Credits**

In this course students increase their knowledge and competence in the assessment of psychiatric mental health illnesses, differential diagnoses and disease management, implementation of psychotherapy (individual, family, group), evidence-based practice, medication management (includes mechanisms of action, interactions, side effects, and psychopharmacologic prescriptive guidelines), health promotion and disease prevention interventions, and the integration and coordination of support services, in the care of adults and older adults.

Prerequisite: PNSG-631

Co-Requisite: PNSG-641P

Terms Typically Offered: Fall, Spring, and Summer.

**PNSG-641P Psychiatric Mental Health Care of Adults And Older Adults Practicum 4 Credits**

In this course students increase their knowledge and competence in the assessment of psychiatric mental health illnesses, differential diagnoses and disease management, implementation of psychotherapy (individual, family, group), evidence-based practice, medication management (includes mechanisms of action, interactions, side effects, and psychopharmacologic prescriptive guidelines), health promotion and disease prevention interventions, and the integration and coordination of support services, in the care of adults and older adults.

Prerequisite: PNSG-631

Co-Requisite: PNSG-641

Terms Typically Offered: Fall, Spring, and Summer.

**PNSG-651 Psychiatric Mental Health Care of Children and Young Adults 4 Credits**

In this course, students increase competence in the role of the psychiatric mental health nurse practitioner in the assessment of psychiatric mental health illnesses, differential diagnosis and disease management, implementation of psychotherapy (individual, family, group), evidence-based practice, medication management (includes mechanisms of action, interactions, side effects, and prescribing guidelines for psychopharmacologic treatment commonly utilized in children and adolescents), health promotion and disease prevention interventions, integration and coordination of support services with children, adolescents, and families.

Prerequisite: PNSG-610 and PNSG-620

Terms Typically Offered: Fall, Spring, and Summer.

**PNSG-651P Psychiatric Mental Health Care of Children and Young Adults Practicum 4 Credits**

In this course, students increase competence in the role of the psychiatric mental health nurse practitioner in the assessment of psychiatric mental health illnesses, differential diagnosis and disease management, implementation of psychotherapy (individual, family, group), evidence-based practice, medication management (includes mechanisms of action, interactions, side effects, and prescribing guidelines for psychopharmacologic treatment commonly utilized in children and adolescents), health promotion and disease prevention interventions, integration and coordination of support services with children, adolescents, and families.

Prerequisite: PNSG-610 and PNSG-620

Co-Requisite: PNSG-651

Terms Typically Offered: Fall, Spring, and Summer.

**PNSG-661 Psychiatric Mental Health Care of Select Populations 4 Credits**

Students increase knowledge and competence in the assessment of psychiatric and mental health illnesses, differential diagnoses and disease management, implementation of psychotherapy (individual, family, group), medication management, health promotion and disease prevention interventions, and integration and coordination of support services with a selected population. Focus is on integrating and practicing all aspects of the role of the psychiatric mental health nurse practitioner with clients who are experiencing acute and/or chronic mental health problems and psychiatric disorders.

Prerequisite: PNSG-610 and PNSG-620

Terms Typically Offered: Fall, Spring, and Summer.

**PNSG-661P Psychiatric Mental Health Care of Select Populations Practicum 4 Credits**

Students increase knowledge and competence in the assessment of psychiatric and mental health illnesses, differential diagnoses and disease management, implementation of psychotherapy (individual, family, group), medication management, health promotion and disease prevention interventions, and integration and coordination of support services with a selected population. Focus is on integrating and practicing all aspects of the role of the psychiatric mental health nurse practitioner with clients who are experiencing acute and/or chronic mental health problems and psychiatric disorders.

Prerequisite: PNSG-610 and PNSG-620

Co-Requisite: PNSG-661

Terms Typically Offered: Fall, Spring, and Summer.