

# PSYCHOLOGY B.A.

## Requirements

Code	Title	Units
Core Curriculum Requirements ( <a href="https://catalog.vanguard.edu/college/core-curriculum/">https://catalog.vanguard.edu/college/core-curriculum/</a> )		54-52
Major Core Requirements		49
Electives		19
<b>Total Units</b>		<b>122-120</b>

## Psychology Major Core Requirements

Code	Title	Units
<b>Survey of the Field</b>		
PSYC-103C	Introduction to Psychology <sup>1</sup>	3
PSYC-221	Developmental Psychology	3
PSYC-332	Abnormal Psychology	3
PSYC-345	Theories of Personality	3
<b>Research Component</b>		
PSYC-220C	Researched Writing/Psyc Majors <sup>1</sup>	3
	or ENGL-220C Researched Writing	
PSYC-265C	Introduction to Behavioral Statistics <sup>1</sup>	3
PSYC-381	Research Methods in Psychology	4
<b>Psychological Perspectives</b>		
Cognitive:		
PSYC-449	Cognitive Psychology	3
Behavioral: <sup>3</sup>		
PSYC-351	Principles of Behavior	4
	or PSYC-420 Behavior Modification	
Biological:		
PSYC-340	Biological Psychology	3
Sociocultural:		
PSYC-324	Social Psychology	3
Spiritual:		
PSYC-477C	Psychology and Christianity	3
<b>Career and Grad Readiness</b>		
PSYC-384	Next Steps: Career and Grad Readiness	1
<b>Application (3 or more units)</b>		
Select three or more units from the following:		3
PSYC-460	Field Practicum	
PSYC-474	Psychological Research I	
PSYC-475	Psychological Research II	
PSYC-482	Research in Neuroscience	
<b>Upper Division Electives</b>		
Select three courses from the following:		9
PSYC-312	Death, Grief, and Loss System	
PSYC-321	Adolescent Psychology	
PSYC-331	Diversity in the Helping Professions <sup>2</sup>	
PSYC-335	Social & Psychological Aspects of Aging	

PSYC-336	Managing Crisis
PSYC-338	Child Psychology
PSYC-346	Human Sexuality
PSYC-351	Principles of Behavior
PSYC-352	Culture and Psychology
PSYC-355	Survey of Human Services
PSYC-374	Intro to Industrial/Organizational Psyc Organizational Psychology
PSYC-373	Psychology of the Family
PSYC-382	Mental Illness in Society
PSYC-383	Addiction Studies
PSYC-420	Behavior Modification
PSYC-434	Group Dynamics
PSYC-443	Sport Psychology
PSYC-450	Psychology Teaching Internship
PSYC-460	Field Practicum
PSYC-462	Counseling Theories <sup>2</sup>
PSYC-463	Counseling Methods <sup>2</sup>
PSYC-470	Special Topic:
PSYC-474	Psychological Research I
PSYC-475	Psychological Research II
SOC-310	Introduction to Social Work
<b>Total Units</b>	<b>51</b>

<sup>1</sup> Course fulfills Core requirements

<sup>2</sup> Students considering graduate work in counseling psychology or clinical psychology are strongly encouraged to take the indicated courses.

<sup>3</sup> For the Behavioral component of Psychological Perspectives one class will meet the requirement and the second option may be used to fulfill the upper division elective.

## Four Year Plan

**Disclaimer:** This *sample* Four Year Plan is provided as a guide for the recommended sequencing of courses. Vanguard University requires that students complete a minimum of 120 units of required course work as outlined on the Requirements tab in order to receive a Bachelor of Arts, Bachelor of Music, Bachelor of Science, or Bachelor of Science in Nursing degree. It is the student's responsibility to confirm with the department the course rotation before enrolling in courses. If applicable, please note the footnotes at the bottom of the page for additional information related to courses listed in a particular year and term. Questions, contact the Department of Psychology.

Course	Title	Units
<b>Year 1 Term 1</b>		
PSYC-103C	Introduction to Psychology	3
CORE-100C	Cornerstone	1
THEO-PLHD	Theology Core Requirement	3
HSPS-PLCR	History/Political Sci Core Requirement	3
ENGL-120C	Persuasive Writing	3



KINE-145C	Lifetime Fitness/Wellness Lect	1	ELCT-PLHD6	Electives 6 Units	6
KINE-146C	Lifetime Fitness/Well Activity	1		<b>Units</b>	<b>10-24</b>
	<b>Units</b>	<b>15</b>		<b>Total Units</b>	<b>119-156</b>
<b>Year 1 Term 2</b>					
PSYC-221	Developmental Psychology	3			
PSYC-265C	Introduction to Behavioral Statistics	3			
NT-101C	New Testament Survey	3			
SOC-PLCR	Social Science Core Curriculum Reqmt	3			
PSYC-220C	Researched Writing/Psyc Majors	3			
	<b>Units</b>	<b>15</b>			
<b>Year 2 Term 1</b>					
PSYC-332	Abnormal Psychology	3			
OT-201C	Old Testament Survey	3			
HIST-PLHD	History Core Requirement	3			
PSYC-2XX	Psychology Elective - 200 Level	1-9			
NSCI-PLCR	Science Lec/Lab Requirement	4			
	<b>Units</b>	<b>14-22</b>			
<b>Year 2 Term 2</b>					
PSYC-345	Theories of Personality	3			
PSYC-324	Social Psychology	3			
FINA-PLCR	Fine Arts Core Curriculum Requirement	3			
PSYC-381	Research Methods in Psychology	4			
ELCT-PLHD3A	General Elective 3 Units	3			
	<b>Units</b>	<b>16</b>			
<b>Year 3 Term 1</b>					
PSYC-PLBEH	Behavior Mod Or Princ of Behav	3			
PSYC-340	Biological Psychology	3			
ENGL-230C	Literature and the Human Experience	3			
PSYC-3XX	Psychology Elective - 300 Level	1-15			
ELCT-PLHD3A	General Elective 3 Units	3			
	<b>Units</b>	<b>13-27</b>			
<b>Year 3 Term 2</b>					
COMM-201C	Speech Composition and Presentation	3			
PSYC-449	Cognitive Psychology	3			
THEO-300C	Developing a Christian World View	3			
PSYC-384	Next Steps: Career and Grad Readiness	1			
ELCT-PLHD3A	General Elective 3 Units	3			
PSYC-PLHD	Psychology Elective	3			
	<b>Units</b>	<b>16</b>			
<b>Year 4 Term 1</b>					
PSYC-PLPRRE	Psyc Practicum Or Research	3-4			
PSYC-482	Research in Neuroscience	4			
CHIS-400C	Christian Heritage	3			
ELCT-PLHD10	Elective 10 Units	10			
	<b>Units</b>	<b>20-21</b>			
<b>Year 4 Term 2</b>					
PSYC-477C	Psychology and Christianity	3			
PSYC-4XX	Psychology Elective - 400 Level	1-15			

